

HUDSON VALLEY  
Health & Tennis Club  
JUNIOR DEVELOPMENT SCHEDULE  
FALL 2010

**M O N D A Y**

Program	Start Times	Duration
Little Champs	3:30 pm	45 min
Beginners	3:30/4:30pm	1 hour
Advanced Beginners	4:30 / 5:30 pm	1 hour
Intermediate	3:30 / 5:00 pm	1 or 1.5 hrs
Advanced	5:00 pm	1.5 hours

**T U E S D A Y**

Program	Start Times	Duration
Little Champs	3:30 pm	45 min
Beginners	3:30/4:30/5:30pm	1 hour
Advanced Beginners	3:30/4:30/5:30pm	1 hour
Intermediate	4:30 pm	1 or 1.5 hrs
Advanced	4:30/5:30 pm	1.5 hours

**W E D N E S D A Y**

Program	Start Times	Duration
Beginners	3:30 pm	1 hour
Advanced Beginners	3:30 pm	1 hour
Intermediate	4:30 pm	1 or 1.5 hrs

**T H U R S D A Y**

Program	Start Times	Duration
Little Champs	5:00 pm	30 min
Beginners	3:30 / 4:30 pm	1 hour
Advanced Beginners	3:30 / 5:30 pm	1 hour
Intermediate	3:30 / 4:30 pm	1 or 1.5 hrs
Advanced	5:00 pm	1.5 hours

**F R I D A Y**

Program	Start Times	Duration
Beginners	3:30 pm	1 hour
Advanced Beginners	3:30/4:30/5:30 pm	1 hour
Intermediate	5:00 / 5:30 pm	1 or 1.5 hrs
Pre-Tournament Training	3:30 / 5:30 pm	1.5 hrs
Tournament Training	3:30 / 5:30 pm	1.5 or 2 hrs

**S A T U R D A Y**

Program	Start Times	Duration
Beginners	4:30 pm	1 hour
Advanced Beginners	4:30 /5:30 pm	1 hour
Intermediate	4:30 /5:30 pm	1 or 1.5 hrs

# Specialty Programs

## Tournament Training

This program is by invitation or try out only. This program is taught solely by former world class player Angel Diankov and does not rotate with the rest of the program.

### SCHEDULE -12 WEEKS - FRIDAYS ONLY

START TIME	AGE	DURATION	COST
3:30 PM	9-12	1.5 HOURS	\$712
5:00 PM	13-17	2.0 HOURS	\$938

## Saturday Afternoon Classes

Classes will take place between 4:30-7:30 pm. Levels will range from Quick Start to Advanced Intermediate.

## Travel Teams

Chandler Pennyfeather will again be organizing travel teams on specific Saturday evenings. Matches will be held at our facility as well as neighboring clubs. This is an excellent opportunity for players to gain match experience while participating in a fun, relaxed environment. Call Chandler at 478-4400 ex. 12 for details.

*Please Note: Teacher to Student Ratio will be 1:4. Teachers will rotate every six weeks. Program times can be subject to change.*

*If you sign up for a class and then need to cancel, a NON-REFUNDABLE fee of \$150 that will be subtracted from the unused portion of your payment. Exceptions will be made for injuries (a doctor's note is required to process refund of unused portion).*

[www.hudsonvalleytennis.com](http://www.hudsonvalleytennis.com)

### REGISTRATION FORM:

CHILD'S NAME: \_\_\_\_\_  
 PARENT'S NAME: \_\_\_\_\_  
 M  F AGE: \_\_\_\_\_ LEVEL: \_\_\_\_\_  
 (H) ADDRESS: \_\_\_\_\_  
 CITY: \_\_\_\_\_  
 STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 PHONE(H): \_\_\_\_\_  
 PHONE (W): \_\_\_\_\_  
 EMAIL ADDRESS: \_\_\_\_\_

ARE YOU INTERESTED IN RECEIVING INFORMATION ON OTHER CLUB PROGRAMMING?  Yes  No  
**PLEASE MAKE ALL CHECKS PAYABLE TO HVHTC AND MAIL TO:**  
**100 RIVER STREET, HASTINGS, NY 10706**  
**WWW.HUDSONVALLEYTENNIS.COM**

### PAYMENT INFORMATION FORM:

I understand that I am responsible for and liable for all payments regardless of attendance. I also understand that all payments are to be MADE IN FULL. Partial payments or deposits will not be accepted. I here by authorize HVHTC to post charges for my child's classes to the following:

I prefer to pay by check/money order, but I understand that the below credit card will be charged in the full amount for all payments that are not received within 21 days of invoice date plus a finance charge of 1 1/2%.

I prefer to pay by credit card at all times and understand that the above account will be charged at the time each invoice is generated on my child's account with HVHTC. I will then receive a copy of the charge and the invoice towards which it was posted for verification. CC#: \_\_\_\_\_ Ex: \_\_\_\_\_

Parent/Guardian Sign: \_\_\_\_\_ Date: \_\_\_\_\_

### FOR OFFICE USE ONLY:

ACCOUNT # _____	TOTAL AMOUNT DUE: _____	AMOUNT PAID: _____
PAID CC: <input type="checkbox"/> VISA/MC	<input type="checkbox"/> AMEX	<input type="checkbox"/> OTHER _____
ACCOUNT # _____	EXP. DATE _____	
PAID OTHER <input type="checkbox"/> CHECK		

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## PROGRAM REGISTRATION FORM

<u>PLAYER LEVEL (CHECK ALL THAT APPLY):</u>	<u>CLASS START TIMES</u>	<u>DURATION</u>	<u>COST</u>
<input type="checkbox"/> QUICK START (4-5 YRS)	3:30 / 4:30 / 5:30 PM	45 MINUTES	\$354.00
<input type="checkbox"/> BEGINNERS	3:30 / 4:30 / 5:30 PM	1 HOUR	\$468.00
<input type="checkbox"/> ADVANCED BEGINNERS	3:30 / 4:30 / 5:30 PM	1 HOUR	\$468.00
<input type="checkbox"/> INTERMEDIATE	3:30 / 4:30 / 5:00 / 5:30 PM	1 HOUR	\$468.00
<input type="checkbox"/> INTERMEDIATE (W/ MATCH PLAY)	3:30 / 4:30 / 5:00 / 5:30 PM	1.5 HOUR	\$595.00
<input type="checkbox"/> ADVANCED/PRE-TOURNAMENT TRAINING	3:30 / 4:30 / 5:00 / 5:30 PM	1.5 HOURS	\$595.00
<input type="checkbox"/> TOURNAMENT TRAINING*	3:30 / 5:00 PM	1.5 OR 2.0 HRS	\$712 / \$938

\*BY TRY-OUT OR INVITATION ONLY AND IS 12 WEEKS IN DURATION ON FRIDAYS ONLY\*

CLASS TIMES (NUMBER BOXES IN ORDER OF PREFERENCE - 1,2,3)

<u>START TIME</u>	<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THURS</u>	<u>FRI</u>	<u>START TIME</u>	<u>SAT</u>
3:30 PM	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4:30 PM	<input type="checkbox"/>
4:30 PM	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5:30 PM	<input type="checkbox"/>
5:00 PM	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6:30 PM	<input type="checkbox"/>
5:30 PM	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

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## FALL JUNIOR PROGRAM INFORMATION PAGE

### FALL SESSION DATES

SEASON STARTS: SEPT 20TH, 2010  
 SEASON ENDS: DECEMBER 18TH, 2010  
 MAKE-UP DAYS: DEC 20TH-22ND, 2010  
 TOTAL WEEKS: 12

\*ALLOWS STUDENTS TO BE PLACED IN PROPER CLASS LEVEL

TRY-OUTS WILL LAST 10-15 MINUTES.

### HOLIDAYS - NO CLASSES

COLUMBUS DAY 10/11/10

11/22-11/26/10- THANKSGIVING WEEK

THESE HOLIDAYS HAVE NOT BEEN INCLUDED  
IN THE # OF WEEKS PER SEMESTER.

### FALL SESSION CLASS DESCRIPTIONS

#### QUICK START PROGRAM:

PRE-KINDERGARTEN THROUGH KINDERGARTEN STUDENTS (AGES 4-5 YRS) WILL ENJOY THE SIMPLER ELEMENTS OF THE SPORT SUCH AS RACKET POSITION, BALL HANDLING AND EYE-HAND COORDINATION. MOST OF ALL, WE TRY TO HAVE FUN!!!

#### BEGINNERS:

BEGINNERS WILL LEARN ESSENTIAL TECHNIQUES INCLUDING BALL CONTROL AND SCORING. EMPHASIS IS PLACED ON CREATING A FRIENDLY AND FUN ATMOSPHERE.

#### ADVANCED BEGINNERS:

ADVANCE BEGINNERS WILL DEVELOP CONSISTENCY, BALL PLACEMENT AND MOVEMENT ON THE COURT USING BASIC GAME PLANS.

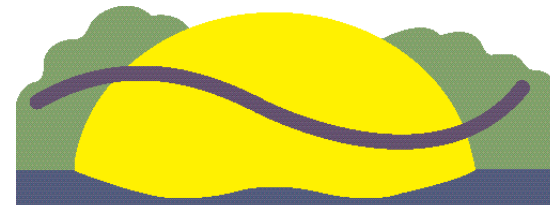
#### INTERMEDIATE:

STUDENTS WILL CONTINUE TO INCREASE CONSISTENCY, COURT COVERAGE AND WILL LEARN APPROPRIATE SHOT SELECTION IN DIFFERENT GAME SITUATIONS.

#### ADVANCED/TOURNAMENT TRAINING:

THIS LEVEL CONCENTRATES ON CONSISTENCY AND PLACEMENT IN A VARIETY OF STROKES. STUDENTS WILL LEARN HOW TO PLAY HIGH PERFORMANCE TENNIS UNDER STRESS.

**YOUR CHILD'S NEEDS ARE IMPORTANT TO US. PLEASE  
DO NOT HESITATE TO CONTACT US DIRECTLY SHOULD HE/SHE BE  
EXPERIENCING ANY PROBLEMS. WE ARE HERE TO HELP!**



## HUDSON VALLEY HEALTH & TENNIS CLUB JUNIOR DEVELOPMENT PROGRAM FALL 2010

## Welcome Back from Summer Vacation!!!

Our dedicated tennis pro's are here to guide you through the process of learning and having lots of fun. We have also set a schedule for Round Robin Matches along with Travel Team Matches, which will be taking place on early Saturday evenings. HVHTC will also be offering by request, DVD's to chart your child's growth & development throughout the fall session.

For information about this program or multiple child discounts, please contact our Tennis Director, Savina Diankova or our Junior Coordinator, Chandler Pennyfeather at (914) 478-4400 or fax them at (914) 478-0037.

## IMPORTANT NOTICE TO ALL PARENTS

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- ALL PAYMENTS MUST BE MADE IN FULL. Partial payments or deposits will not be accepted. If you sign up for a class and then need to cancel, a NON-REFUNDABLE fee of \$150 that will be subtracted from the unused portion of your payment. Exceptions will be made for injuries (a doctor's note is required to process refund of unused portion).
- We are offering a 5% discount if you pay in full by June 1st. All payments are due no later than 8/1/10, as we need time to prepare the class schedule.
- At Hudson Valley, please be aware that we will be rotating our pro's every six weeks.
- All junior classes have a ratio of 4:1.
- Please pay close attention to the information page in this brochure for holidays, session dates and payment policies.
- In the event of snow, our rule is no school, no classes.

Please contact the Tennis Director, Savina Diankova at ex. 15 or our Junior Coordinator, Chandler Pennyfeather at ex. 12 for more information or any questions.

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